MINNEAPOLIS, MN – Monday, Oct. 7, 2019 – North America’s Building Trades Unions (NABTU) has successfully concluded its ninth international Tradeswomen Build Nations Conference, the largest gathering of its kind in the world. More than 2,800 tradeswomen representing 48 states and 10 provinces gathered in Minnesota to share experiences and best practices with fellow tradeswomen, to learn about new programs and opportunities in the industry, and to engage with top leaders from government, industry and the biggest 15 international building trades unions.

The three-day conference, held during the weekend, featured a day of service with Haven House Ascension Place and Second Harvest Heartland, formal plenary sessions and more than 25 workshops on a range of topics addressing unique and critical issues of tradeswomen.

“This conference grows exponentially every year, and the impact is phenomenal,” said NABTU President Sean McGarvey. “NABTU is committed to empowering current and future tradeswomen.”

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Continued on page 5

Catching Up with …Matt Welch

Matt Welch is the son of tile setter Mark Welch, 29-year member of BAC Local 1

By Greg Hexum

Reprinted by permission and edited for space. To read the article in its entirety, log on to duluthrunner.com

Recently, I got a chance to catch up with a good friend of The Duluth Runner, Matt Welch.

Matt was the 2012 Minnesota State High School League State Cross Country Champion while at Proctor High School. He wasn’t just a good high school runner, he was the most dominant high school runner in the region in more than a decade, winning 9 of 9 races in his senior season in convincing fashion. He was one of the nation’s best high school runners.

Even as a 17 year old, there was a mystique around him. He was known for 90-mile training weeks which bolstered his aggressive front-running style. That starkly contrasted with his away-from-running laid back, chilled out style—think long-haired musician, literally.

After high school, things changed. And, as is the case for many who are successful high school athletes, the changes weren’t all pretty.

Continued on page 6
Welcome
OUR NEW MEMBERS

Cody Aleman  Kyle Edinger  Caleb Manor  Wesly Rodriguez-Robles
Jose Avalos-Reyes  Nick Foster  Jordge Martinez  Justo Romero-Palchizaca
Jeffrey Barton  Nicholas Fox  Matthew Marttinen  Andre Rouder
Damion Becker  Jamie Fry  Jason Mask  Alanzo Ruble
Shane Bodle  Nicholas Haltiwanger  Daniel Mcconnell  Zachary Russell
Calvin Boecker  Bradin Hammon  Mason Mctnamer  Hector Salas
Nicholas Booth  Jacob Harrington  James Mcnaughton  Mason Seaborn
Nicholas Bratrud  Tyler Hayes  Amanda Mcrae  Dylan Selk
Jeremiah Brown  Xavier Herron  Drew Mechels  Bridgette Sharp
Pernell Brown  Brandon Hoerchler  Jesse Mechels  Joseph Sharp
Jay Brunner  Aaron Hoffman  Colton Mehrhof  Wendy Simmons
Shannon Burch  Dustin Hoffman  Aaron Messerer  Tyler Solomon
Thomas Burgard  Christopher Holden  Abukar Mohamud  Michael Starr
Phillip Bushweiler  Robert Hooker  Austin Morales  Kai Stauersbol
Miguel Cadena  James Idoko  Nicholas Musech  Adam Stewart
Timothy Cerjance  Avery Jacobs  Daniel Nordlund  John Stewart
Ian Cody  Andrew Jendro  Kevin Olsen  Ryan Stolarazyk
John Collins  Brian Johnson  Sonny Ozuna  Jake Streyle
William Crossland  Jeffrey Jolma  Romando Papasadora  Dayton Thesing
Brandon Crowson  Serhii Kadyrov  Joshua Pearson  Erin Vie
Grayson Cunningham  David Kohl  Jacob Pedersen  Christopher Washington
Brad Davis  Daniel Krekelberg  Saul Penalosa  Kristian Weeks
Shelby Davis  Joshua Krohn  Sam Phillips  Vance White
Ricardo Degracia Peralta  Amos Kvistberg  Jeffery Plummer  Micah Williams
River Demars  Laura Kvistberg  Miguel Pons  Luke Wiseman
Rafael Diaz  Tyler Laine  Zachary Poulson  Gabriel Witt
Wesley Dodd  Dustyn Larson  Dylan Pritchard  Alan Zazzetta
Bo Dolan  Nicholas Lee  Allen Riddle  Brandon Zeeb
Mkenzi Donaldson  Anthony Line  James Robertson  Alan Zazzetta
The statewide allocation meeting will be held at 312 Central Ave SE in the second-floor meeting rooms on Monday, Jan. 4, 2020, starting at 9 a.m. Mandatory increases to the IPF will be addressed at the meeting as well an opportunity to vote on an allocation to the Local’s Defined Benefit Pension Plan.

Chapter allocations will follow this meeting for the metro area bricklayers, tile layers, tile finishers and terrazzo workers. All other chapter allocations will follow at their scheduled meeting dates.

There is a need to have all areas contribute to the apprenticeship fund at the same $0.30 rate. The apprenticeship program has expanded to include an outstate program that all are benefiting from. We have more students enrolling in the program every year.

For those areas at the $0.30 rate I strongly encourage you to allocate additional monies to this fund to keep the quality of training at its best.

Recently, Milliman launched a newly redesigned website after more than a year in development. For our members, the highly visual site simplifies the retirement planning journey, promotes financial wellness and inspires positive action through the Retirement Income Security Evaluation (RISE) Score™. The site includes a state-of-the-art metric that explains retirement readiness like a credit score on a scale of 0 to 850. Developed by Milliman, the RISE Score™ focuses on retirement security rather than just predicting whether savings will cover expenses. The RISE Score™ blends proven mathematical methods like stochastic modeling for inflation, market returns and longevity with an analysis that considers how retiree behavior may impact withdrawal patterns over time. The result provides our members with better insight into their broader financial planning.
We are running full speed here with brick and tile apprentices. This year we have started with longer classroom days starting at 1 p.m. until 7 p.m. We are getting to do more work on a single day with a student who is not so tired and much more attentive to learning. We have received much positive feedback to our changes.

We exposed 78 architectural students at the University of Minnesota to a morning of laying brick with the anticipation that they will design more masonry in the future.

A lot of interest has been expressed at local schools as to what we do for a career other than college. We are visiting schools that show an interest in the building trades.

An upcoming training schedule for journeymen which will be posted to the website include the following:

## 2019 Continuing Education Schedule

All journeymen are welcome to attend any course with RSVP by calling 763-404-8345 or online at www.bactraining.org and click on Journeyworker Upgrades.

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Branch Of Trade / Location</th>
<th>Class</th>
</tr>
</thead>
<tbody>
<tr>
<td>12/16/19</td>
<td>1 - 7 p.m.</td>
<td>Metro</td>
<td>Mapei Grouts and Membranes</td>
</tr>
<tr>
<td>12/17/19</td>
<td>1 - 7 p.m.</td>
<td>Metro</td>
<td>Pro 10</td>
</tr>
<tr>
<td>12/19/19</td>
<td>1 - 7 p.m.</td>
<td>Metro</td>
<td>Schluter – Shower Receptors</td>
</tr>
</tbody>
</table>

Outstate in the various regions between Jan/March 2020:
St Cloud area- Flashing and Grout, Bemidji Area First Aid/CPR, Fergus Falls Area Mentorship, Duluth Area Mentorship, Rochester Area Mentorship, Fargo, ND, area OSHA 30 online and Mentorship, Bismark, ND, Area Mentorship, Sioux Falls, SD, Area Grout and Flashing, Aberdeen, SD, Grout and Flashing, Rapid City, SD, Mentorship. **ALL OUTSTATE TRAINING DATES TO BE DETERMINED.** Watch website for updates.

## Moore Earns Instructor Certification

Congratulations to the 2019 Instructor Certification Program (ICP) graduates! These BAC members have proven their ability to deliver quality training programs to BAC apprentices and journeymen alike. Thank you for your dedication to keeping the craft alive through great teaching and mentorship.

“Being a certified instructor is about working hard together with the union and joint apprenticeship and training committees to achieve the goal of continuing education for qualified labor.”

–Jayson Moore
BAC Local 1 MN/ND/SD
as we increase opportunities for and retention rates of women in fulfilling union trade careers. Every day, we recruit more women into great union construction apprenticeships and careers, and these trailblazing tradeswomen are moving up in the top ranks of leadership. This conference is a celebration of these trailblazers and a testament to the growth of tradeswomen among our ranks.”

Minnesota Building Trades Council Executive Director Jessica Looman and Minneapolis Building Trades Council Director Jenny Winkelaar kicked off the first plenary, held on Saturday, with inspiring stories about their career paths, the growth of Minnesota women in the trades, and the progress of their Women Building Success program. Winkelaar surprised the crowd with a video of U.S. Supreme Court Justice Ruth Bader Ginsberg, whose speech roused the standing-room-only crowd when she told them, “Women who build are here to stay.”

The plenaries included additional insightful and inspiring speeches by NABTU President Sean McGarvey, AFL-CIO Secretary-Treasurer Liz Shuler, SMART union General President Joseph Sellers, Union Labor Life Insurance President Stephanie Whalen, NABTU Tradeswomen Committee Chairwoman Vicki O’Leary, Boilermakers Union International Officer Erica Stewart, and UA Union National Recruitment and Outreach Coordinator Laura Ceja.

On Saturday afternoon, participants took to the streets of downtown Minneapolis for a parade and rally. The conference concluded on Sunday with a keynote speech by UA Union General President Mark McManus and an apprenticeship pathways panel led by Arlene Dunn, Canada’s Building Trades Unions’ Director.

For more information about Trades Women Build Nations, visit https://nabtu.org/twbn2019/

The Bricklayers and Allied Craftworkers had 79 attendees from the US and Canada that attended the event. There were representatives from the IMI and IUBAC in attendance as well as Local President Doug Schroeder.

President Schroeder had an opportunity to talk with local attendees from BAC Local 1 to discuss reconvening the local Women of the Bricklayers and Allied Craftworkers (WBAC) group. The group has been inactive for some time and the local is interested in discussing what can be done to help bring this group back together. Please contact Schroeder with your thoughts and ideas to help bring this group back.

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Matt’s exemplary success as high school runner was rewarded with a University of Minnesota cross country and track and field scholarship and there were flashes of brilliance in his first few years as a Gopher. Mostly, however, Matt struggled. He missed out on key end-of-season races with repeated injuries and questioned his commitment to competitive running.

“It wasn’t just constant struggle with injuries that was wearing me down, it was a lack of joy that I felt in running,” said Welch in our recent phone conversation. “I loved being around the guys and the team, but I felt disconnected from the love of running I’d had as a high school athlete. There were many times I thought about leaving competitive running behind.”

While there may not have been a light switch moment, during the summer before his 4th year at Minnesota, things started to click. “I started doing more of what I liked to do, and less of what the prescribed training program called for.” What this meant for Welch was more miles, longer runs, and unprecedented fitness.

What happened next is both a sign of Welch’s talent and the unfortunate tale of too many excellent collegiate runners. In summary, Matt began his red shirt junior season on fire. He was runner up at the Roy Griak Invitational, traditionally one of the nation’s most competitive early season meets. After this validating October race, where he beat several former NCAA All-Americans Welch was on the national collegiate cross country radar. He instantly became a Big Ten championship contender and a favorite for a high place at November’s nationals.

How painful it must have been when the wheels started to come off, again. Three weeks after his breakout performance, Matt finished 149th place at the University of Wisconsin’s Nuttycombe Invitational, traditionally one of the nation’s most competitive early season meets. After this validating October race, where he beat several former NCAA All-Americans Welch was on the national collegiate cross country radar. He instantly became a Big Ten championship contender and a favorite for a high place at November’s nationals.

Despite the disappointments of the 2016-17 seasons, something important began to change for Matt. He began asking himself important life questions. Matt says he got some clarity about his priorities in running and life through his last season at the University of Minnesota.

“I began to ask myself why I run. How can I use the opportunities I have left in collegiate running to maximize my potential and reengage my passion?”

Even before his last race of the Big Ten track season, Matt knew he needed to move on. NCAA rules allow students who have earned their degree, which Matt did in May of 2017, to transfer without penalty or ineligibility to for their remaining year. While reluctantly leaving his teammates at the University of Minnesota, Welch decided to utilize the NCAA graduate transfer protocol for his remaining seasons of both cross country and track.

After looking at several top-tier distance running schools across the country, Welch chose the University of Portland for cross country, track and graduate school. Legendary cross country coach Rob Conner was the deciding factor.

“Within one minute, I could feel the confidence that Coach Conner had the power to instill in his runners.” Interestingly, Conner’s Portland Pilots team had raced and won the Griak Invitational race where Welch had shown his high end talent. While Welch didn’t make it to the National meet, Conner’s Pilots runners, all of whom were beaten by Welch at Griak, qualified and excelled at Nationals.

In hindsight, this was a selling point for both Matt and Coach Conner, who immediately offered Welch a scholarship.

After graduating in May 2017 from the University of Minnesota with a B.S. in Kinesiology, Matt Welch packed up and moved to Portland. There he enrolled in a M.A. program in Higher Education and Student Affairs and got to work training with the his new teammates. It was June of 2017. The next year was to be the best year of Matt Welch’s running career.

After finishing his Master’s Welch took a job with a life and wellness coaching agency in Portland. Currently, a side project for Matt is his start up www.runtheprocess.com. There, Welch offers personalized coaching for athletes in the context that running is more than a sport.

Matt hopes to qualify for the 2020 United States Olympic Marathon Trials. He needs to run under 2:19. His results and recent training show that he’s got it in him.
Shake Those Winter Blues Away

If you’re finding yourself more depressed or moody as we head into the winter months, chances are it could be Seasonal Affective Disorder (SAD). Symptoms of SAD are similar to depression, but they usually occur around the same time each year. Some people may feel sad about not having family members around during the holidays, others may feel restless or have cabin fever, and yet others may find it difficult to function. According to Psychology Today, if you have the following symptoms, and those symptoms occur cyclically around the same time each year, you may have SAD:

- Feelings of depression, sadness, guilt, hopelessness or worthlessness
- Being unable to enjoy activities you once loved
- Changes in sleep habits. You might have trouble falling asleep, or find that you spend much of the day sleeping or tired.
- Changes in weight or eating habits. Craving foods high in carbohydrates.

Though researchers are not fully certain of what causes SAD, some evidence points to the amount of daylight we are exposed to. In the fall and winter months there is less daylight which in turn affects our circadian rhythms (sleep-wake patterns). Some research shows that less daylight triggers an increase in the production of melatonin, a hormone that helps to regulate sleep. This leads to a rise in sleepiness and decrease in energy.

There are a few things that can help treat SAD. The first is light therapy. This can be one of the most effective and least costly treatments. Exposure to a light box that produces 10,000 lumens for 20-30 minutes can help reset your circadian rhythms. These special devices can be purchased through a number of retailers including Amazon. Other options include psychotherapy and, for more serious symptoms, medication. As always, consult your doctor about any symptoms you may be experiencing.

TEAM can get you started with psychotherapy! Give us a call at 1-800-634-7710 and we’d be glad to help.


Save the Date
Chapter 3
Duluth Ice Fishing Outing
Nichols Lake, Cotton, MN
Saturday, February 15, 8 a.m.

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Key IMI Activity Highlights

Architecture, Engineering, Construction (AEC) Outreach:

Structural Coalition Seminar – October 1 – ARI in Hibbing, MN. Mike Manor, IMI Consulting structural engineer and Swanson delivered “Tornado & High Wind Sheltering” showing masonry solutions. ARI is working on a school project where they are investigating storm shelter design.

IMI Seminar – October 2 – Lunch & Learn: Swanson delivered Tornado and High Wind Sheltering Requirements at HTG Architects.

AIA North Dakota - October 7 IMI booth at the AIA Conference for architects in Fargo, ND. Swanson made some good contacts with local architects and professors at NDSU School of Architecture.

IMI Masonry Wednesday – October 16 - at BAC Training Center: Swanson delivered “Masonry Drawing & Specification Review”. Several marked-up detail examples of most common detail mistakes made by firms were shown and discussed. More than 45 people registered for the program.

Structural Coalition Seminar – October 30 – Sam Rubenzer, IMI Consulting structural engineer at Collaborative Design Group delivered “What Non-Engineers Need to Know about Structural Masonry” He found they typically use a minimum F’m of 2,500 for their structural masonry, so that was good to hear because this leads to more efficient and cost effective masonry wall solutions.

3rd Year Brick Apprentices – October 24 – BAC Training Center in New Hope. Swanson delivered a BIM for Masonry presentation as well as explained the other activities IMI does. I especially appreciate the opportunity to get in front of members and show how IMI works on their behalf creating more job opportunities for the future.

Disruptive Technologies in Construction IMI developed an interactive tent for the BAC Local Leaders Conference, in Baltimore, Maryland with a focus on showing how IMI and IMTEF are preparing the constructors of tomorrow for the new challenges they will face. Aside from the technologies that were presented, there has been some very good research done around the industry on this topic recently.

IMI Launches New Marketing Material As presented at the BAC Local Leaders Conference, IMI has begun rebranding and developing new marketing collateral. The material is geared toward sharing information about IMI/IMTEF with a variety of audiences including BAC signatory contractors and members, building owner and design professionals, as well as resources to be used for organizing efforts.
The IPF Board of Trustees is pleased to report that the Fund’s Pension Protection Act zone status has continued to remain “Yellow” or “Endangered Status”. This development can be attributed to changes the Plan has made under the Funding Improvement Plan enacted in 2010, the subsequent Rehabilitation Plan enacted in 2016, as well as a slight increase in contributions reported to the Plan during the 2016, 2017, and 2018 Plan years. In addition, the Fund’s actuary has confirmed that IPF is able to pay expected benefits and meet expected expenditures over a thirty-year period commencing January 1, 2018 and running through December 31, 2047. The actuary made the 30-year projections using plan provisions, participant data, IPF financial information and expectations of industry performance to project plan solvency.
Deceased Members

#1 MN-St. Paul
Gerald Dybedahl  
Richard Hadd  
Leroy Lochner  
Julien Shaughnessy

#1 ND-Fargo  
James Balster

#1 SD-Sioux Falls  
Chris Reiners

#2 MN-Mpls  
Scott Ferdelman  
Duane Johnson  
William Proshak

#4 MN – St. Cloud  
Melvin Bjornson

#4 ND – Bismarck  
Frank Rennich

#15 MN – Brainerd  
Thomas Pinkerton

#18 MN-Tile  
Cole Robert

Chapter 1-Minneapolis-St. Paul  
Delta Hotels-Mpls. NE, 1330 Industrial Blvd NE, Minneapolis: All Metro members  
7 p.m. Dec. 9

Chapter 1-Sioux Falls, SD  
101 S. Fairfax Ave., Sioux Falls Labor Temple: 6 p.m. Dec. 10

Chapter 3-Duluth-Hibbing-Iron Range  
Duluth, Duluth Labor Center: 7 p.m. Dec. 11

Chapter 4-Rapid City, SD  
922 E. St. Patrick St., Rapid City Labor Temple: 7 p.m. Dec. 6

Chapter 4-St. Cloud-Brainerd  
Brainerd American Legion: 7 p.m. Dec. 5

Chapter 8-Rochester-Faribault  
Rochester, Rochester Eagles Club: 7 p.m. Dec. 2

Chapter 11-Mankato-New Ulm  
Mankato, Mankato Eagles Club: 7 p.m. Dec. 5

Chapter 15-Bemidji and ND  
Bemidji, Elks Club: 5 p.m. Dec. 12  
Fargo, Dilworth Hi Ho Tavern: 5:30 p.m. Dec. 10  
Grand Forks, E. Grand Forks American Legion: 7 p.m., Dec. 11

Chapter 8-Rochester-Faribault  
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Grand Forks, E. Grand Forks American Legion: 7 p.m., Dec. 11

OTHER EVENTS

Retirees Club Breakfast meetings  
Jax Cafe: Minneapolis, 9 a.m., Dec. 5

Duluth area Retirees coffee meetings  
Miller Hill Mall Perkins: Duluth 9:30 a.m., First Wednesday of each month

Iron Range Retirees coffee meetings  
Sportsman’s Cafe: 9 a.m., Hibbing Third Monday of each month

St. Cloud Retirees coffee meetings  
Brigittes Café: 9:30 a.m., Third Thursday of each month

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2020 CALENDAR OF EVENTS
Please clip the calendar and post it in a convenient spot so it’s handy when you want to check meetings and events.

Chapter 1-Minneapolis-St. Paul, MN
312 Central Ave., Minneapolis: 9 a.m. Jan. 4 (Wage Allocation meeting)
4:30 p.m. Jan. 13, Feb. 10, Mar. 9, May 11, June 8, Aug. 10, Sept. 14, Nov. 9, Delta Hotels-Mpls. NE, 1330 Industrial Blvd NE, Minneapolis: All Metro members 7 p.m. Dec. 14

Chapter 1-Fargo, ND
Dilworth Hi Ho Tavern: 5:30 p.m. Jan. 21 (Wage Allocation meeting), Sept. 22, Dec. 8
Glyndon Rod & Gun Club: 5:30 p.m. June 25

Chapter 1-Sioux Falls, SD
Dilworth Hi Ho Tavern: 5:30 p.m. Jan. 21 (Wage Allocation meeting), Sept. 22, Dec. 8
Glyndon Rod & Gun Club: 5:30 p.m. June 25

Chapter 1-Grand Forks, ND
E. Grand Forks American Legion: 7 p.m. Jan. 22 (Wage Allocation meeting), June 22, Sept. 23, Dec. 9
Speedway Restaurant: 6 p.m. Mar. 19

Chapter 2-Minot, ND
Minot VFW: 7 p.m. Mar. 6 (Wage Allocation meeting), May 13, Nov. 11

Chapter 2-Yankton, SD
209 Cedar Terrace, Yankton VFW: 7 p.m. Jan. 10, Mar. 13 (Wage Allocation meeting), May 8, July 10, Sept. 11, Nov. 13
Butch’s Tavern: 7 p.m. Feb. 10, Apr. 10, June 12, Aug. 14, Oct. 9, Dec. 11

Chapter 3-Duluth-Hibbing-Iron Range, MN
Duluth, Duluth Labor Center: 5 p.m. Jan. 8, Mar. 11, June 10, Sept. 9, Dec. 9
Hibbing, Crown Ballroom: 6 p.m. Feb. 12, May 13, Aug. 12, Nov. 10, Dec. 9

Chapter 3-Grand Forks, ND
E. Grand Forks American Legion: 7 p.m. Jan. 22 (Wage Allocation meeting), June 22, Sept. 23, Dec. 9
Speedway Restaurant: 6 p.m. Mar. 19

Chapter 4-Rapid City, SD
922 E. St. Patrick St., Rapid City Labor Temple: 6 p.m. Jan. 3, Feb. 7 (Wage Allocation meeting), Mar. 6, May 1, June 5, Aug. 7, Sept. 4, Dec. 4

Chapter 4-St. Cloud-Brainerd, MN
St. Cloud Labor Home: 6 p.m. Jan 8, Mar, 4, May 6, June 4, Aug. 5, Nov. 4, Brainerd American Legion: 7 p.m. Jan. 6 (Wage Allocation meeting), Sept. 3

Chapter 5-Watertown, SD
808 S. Broadway, Watertown VFW: 6 p.m. Nov. 20

Chapter 6-New Ulm, MN
New Ulm Amer Legion: 7 p.m. Apr. 9

Chapter 8-Rochester-Faribault, MN
Rochester, Eagles Club: 7 p.m. Jan. 6 (Wage Allocation meeting), Mar. 2, June 5, Sept. 14, Dec. 7
Faribault, Eagles Club: 7 p.m. Feb. 3, May 4, Aug. 3, Nov. 2

Chapter 11-Mankato, MN
Mankato, Mankato Eagles Club: 7 p.m. Jan. 2, Mar. 5, April 24, June 3, Sept. 3, Dec. 3

Chapter 15-NW MN
Becida Bar & Grill: 6 p.m. May 2

OTHER EVENTS
Retirees Club Breakfast meetings
Jax Cafe: Minneapolis, 9 a.m., Mar. 26, Sept. 24, Dec. 3

Duluth area Retirees coffee meetings
Miller Hill Mall Perkins: Duluth 9:30 a.m., First Wednesday of each month

Iron Range Retirees coffee meetings
Brigittes Cafe: 9:30 a.m., Third Thursday of each month

Executive Committee meeting
312 Central Ave., Minneapolis: 9 a.m. Apr. 3, Oct. 2

Semiannual Meeting-All of MN/ND/SD
312 Central Ave., Minneapolis: 9 a.m. Apr. 4, Oct. 3

Chapter 3 BAC Fishing Event
Nichols Lake, Cotton, MN: 8 a.m. Feb. 15

BAC Golf Tournament
Pheasant Acres: 7 a.m. July 25

Chapter 3 Golf Tournament
Grandview Golf Links: Duluth 8 a.m. Sept. 12

GOLD CARD DINNERS
Letters will be mailed.

Chapter 1-Fargo, ND
West Fargo Speedway Bar & Grill: 6:00 p.m. Mar. 20

Chapter 2-Minot, ND
Badlands Restaurant, 6 p.m. Feb. 21

Chapter 3-Duluth-Hibbing-Iron Range, MN
Duluth area: Holiday Inn, 6 p.m. Oct. 9
Iron Range: Valentini’s, 6 p.m. Oct. 10

Chapter 3-Grand Forks, ND
Speedway Restaurant: 6 p.m. Mar. 19

Chapter 8-Rochester-Faribault, MN
Rochester, Rochester’s Eagle Club: 6 p.m. June 5

Chapter 15-NW MN
Becida Bar & Grill: 6 p.m. May 2

Butch’s Tavern: 7 p.m. Feb. 10, Apr. 10, June 12, Aug. 14, Oct. 9, Dec. 11

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Hibbing, Crown Ballroom: 6 p.m. Feb. 12, May 13, Aug. 12, Nov. 11,

Chapter 3-Grand Forks, ND
E. Grand Forks American Legion: 7 p.m. Jan. 22 (Wage Allocation meeting), June 22, Sept. 23, Dec. 9
Speedway Restaurant: 6 p.m. Mar. 19

Chapter 4-Bismarck, ND
Bismarck, AmVets: 7 p.m. May 14, Nov. 10

Chapter 2-Minot, ND
Badlands Restaurant, 6 p.m. Feb. 21

Chapter 3-Duluth-Hibbing-Iron Range, MN
Duluth area: Holiday Inn, 6 p.m. Oct. 9
Iron Range: Valentini’s, 6 p.m. Oct. 10

Chapter 3-Grand Forks, ND
Speedway Restaurant: 6 p.m. Mar. 19

Chapter 8-Rochester-Faribault, MN
Rochester, Rochester’s Eagle Club: 6 p.m. June 5

Chapter 15-NW MN
Becida Bar & Grill: 6 p.m. May 2

OTHER EVENTS
Retirees Club Breakfast meetings
Jax Cafe: Minneapolis, 9 a.m., Mar. 26, Sept. 24, Dec. 3

Duluth area Retirees coffee meetings
Miller Hill Mall Perkins: Duluth 9:30 a.m., First Wednesday of each month

Iron Range Retirees coffee meetings
Brigittes Cafe: 9:30 a.m., Third Thursday of each month

Executive Committee meeting
312 Central Ave., Minneapolis: 9 a.m. Apr. 3, Oct. 2

Semiannual Meeting-All of MN/ND/SD
312 Central Ave., Minneapolis: 9 a.m. Apr. 4, Oct. 3

Chapter 3 BAC Fishing Event
Nichols Lake, Cotton, MN: 8 a.m. Feb. 15

BAC Golf Tournament
Pheasant Acres: 7 a.m. July 25

Chapter 3 Golf Tournament
Grandview Golf Links: Duluth 8 a.m. Sept. 12

GOLD CARD DINNERS
Letters will be mailed.

Chapter 1-Fargo, ND
West Fargo Speedway Bar & Grill: 6:00 p.m. Mar. 20
An Opportunity to Keep Building Minnesota

In less than a year, Americans will head to the polls in what is shaping up to be one of the most critical elections in our nation’s history. Voters will be faced with a clear choice about what kind of state and nation we want to live in. The Minnesota AFL-CIO is already hard at work planning an electoral campaign focused on issues important to working people and evaluating which candidates are going to stand with us.

Before next year’s election, the Minnesota Legislature will be reconvening in February. With lawmakers having agreed to a two-year budget last year, the Minnesota AFL-CIO and affiliated unions will be focusing on a policy agenda to improve the lives of working people in our state.

High on Labor’s 2020 legislative priorities will be passing a construction bonding bill to maintain, upgrade, and expand Minnesota’s public infrastructure while employing thousands of union workers in the skilled construction trades. By using the state’s high credit rating, Minnesota can borrow nearly $2 billion for projects such as renovating old buildings at our public colleges, upgrading and replacing water treatment facilities, and building new roads and bridges.

A large bonding bill is a win for our entire state. The more we invest, the more people we put to work in the construction trades. The more people working in the construction trades means more money spent at businesses in our communities.

During the past few weeks, Governor Walz and lawmakers have been touring the state and evaluating the projects requesting funding. While the Governor and pro-Labor Democrats in the Legislature will be proposing the largest possible bill to take advantage of record-low interest rates, their support alone won’t be enough to get it across the finish line. They will need our help.

Bonding bills need to pass by a super-majority in both the House and Senate before the Governor can sign them into law. Lawmakers from both political parties need to hear from you and your union brothers and sisters. Lawmakers need to hear that investing in our state’s infrastructure and putting Minnesotans to work isn’t a partisan issue.

Register for Minnesota AFL-CIO updates at aflcio.mn/email and we’ll let you know when it’s time for legislators to hear from you. Until then, I hope you have a safe and happy holiday season and a prosperous new year.

The Minnesota AFL-CIO is a labor federation made up of more than 1,000 affiliate unions, representing more than 300,000 working people throughout the state.